

February 08, 2026

KENNEWICK CHURCH OF CHRIST



Is Your Cup Half Empty or Full?

I want to discuss the well-known idiom that asks whether the cup is half empty or half full. A person who sees a cup as half full is usually more optimistic and focuses on what is already present in the cup. Someone who sees the cup as half empty is more pessimistic, focusing on what is missing from the cup.

What is your perception of the cup? More specifically, how do we perceive our lives and react to the situations that happen to us?

Half-full (optimistic) people have a positive outlook and are hopeful about the future. This positive view can help people see the good in situations and even help influence others to do the same. While viewing things as half-empty (pessimistic) can sometimes be realistic, it may also lead to negativity and discouragement.

When the road of life is easy, we can view the cup as half full. When challenging or difficult times come, we can easily become discouraged and view the cup as half empty. We may start to question God about why this is happening.

When we face difficult situations that we don't understand, one of the best things to do is to trust in God. "We know that in all things God works for the good of those who love him, who have been called according to his purpose" (Romans 8:28). How do we learn to trust God? By studying his words more thoroughly. Verses like Proverbs 3:5-8 remind us to "trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight."

Things will happen in life that will make our cup look more empty than full, but no matter what we are going through, we have to keep our outlook on life focused on God. God knows we are challenged at times, and we must trust he knows what is best for us. He uses these difficult situations for the completion of his works.

The last question we must ask involves internal thought. Are these challenges just a random occurrence due to living in a broken world, or have our life decisions or benevolent discipline brought them on? "Is it not from the mouth of the Most High that good and bad come? Why should a living man complain, a man, about the punishment of his sins?" (Lamentations 3:38-40). Let us test and examine our ways to make sure we are still on the Christian path forward. When the cup begins to feel more empty than full, just remember God has made our cup runneth over with the hope of heaven (Psalm 23:5). ~Jeff Snyder

Keep these Dates in Mind	Birthdays and Anniversaries	
02/01 Monthly Potluck 02/10 Hand and Foot get together 01/14 Men's Business Meeting	Wanda Danley 2/16 Jim Preston 2/22 Josh Mendoza 2/27	
Today's News	Bible Studies	
Men's Business meeting this Saturday 01/14	Adult Bible Classes (Fellowship Hall) Sunday am (9:30a) – 1st Timothy Wed pm (7:00p) – Minor Prophets	Ladies Class Ladies class - Thursday 11:00 -12:30. Survey of the O.T.

For us to remember:

- **Annie Phom, Pat Lindsay, Karen McBurney, Tami Pennington, Jim Preston, Sandi Gray, Shannon Mendoza, Bill Lafferty, Linda Lafferty, Lyn Gigar, Queca Woods, Paul Mays, Shauna** (Ila Stevens granddaughter), **Jonni Marcotte, Joe Marcotte, Freddie Garza** (Danny's cousin), **Terry Brown, Lupe Mendoza, Jackson Ward** (Josh Mendoza's friend), **Tamara Zog, Pam Fox, Doreen Martinez, Carlos Soto, Chris Romero,**
- **Lupe Mendoza** – Congestive Heart Failure
- **Nate Perkins** (Danny's relative) has cancer
- **Granny Perkins** (Danny's relative) Kidney issues
- **Shannon Mendoza** asked for Prayers for her mother and Mother – in - law
- **Curtis Mohr** –(Pasco Church of Christ, used to attend at Kennewick) – as he continues to recover from respiratory infection
- **Earlene Reeves** - (Fran's daughter's Mother-in-Law)
- **John Dawson** – (Connie's Brother) – dialysis for kidney function
- **Judy Ward** – as she deals with aFib issues

Date	Opening Prayer	Song Leader	Communion Thought	Lord's Supper	Closing Prayer
This week	G. Keever	L. Moore	J. Wilson	K. Winstead J. Mendoza	D. Mendoza
Next Week	H. Jones	J. Mendoza	D. Mendoza	K. Winstead L. Moore	G. Keever

The Heart of Those Who Seek the Lost

When Paul arrived in Thessalonica, his body showed the shameful treatment he had received at Philippi. He and Silas had just been dragged into the marketplace, brought before the magistrates who ripped their garments off of them and publicly beaten them with rods, and they received many stripes. They were thrown into jail where they could hardly move because their feet were securely fastened in stocks. At midnight they were singing praises to God!

The next day, they left Philippi and arrived in Thessalonica—their bodies showing the beating they had just received. These two men immediately began teaching the lost. They were there for only three weeks before severe persecution arose, and the new Christians there helped them escape by night. Read all the details in Acts chapters sixteen and seventeen.

Paul did not forget them, and shortly afterwards wrote his first letter to them. While he mentions what had happened in Philippi, he did not have to give details of what those babes in Christ had actually seen. He devotes an entire chapter of the epistle to describe his attitude in preaching. Every soul winner and preacher should read 1 Thessalonians 2 to have his own life changed by seeing the heart each of us should have. Read this chapter often and meditate on it.

Note the great faith and spirituality we all should have as we teach others. Prayerfully consider the following:

- He boldly spoke the gospel (v. 2).
- He boldly spoke the gospel surrounded by conflict (v. 2).
- He was not deceitful with hidden motives (v. 3).
- He understood God had entrusted him with the gospel.
- He spoke only the message entrusted to him (v. 4).
- He spoke not to please men, but his Judge (v. 4).
- He did not use flattering words (v. 5).
- He was not doing this to gain money (v. 5).
- He sought no glory from any man (v. 6).
- He was gentle like a mother in dealing with them.
- He cherished them like they were his children (v. 7).
- He affectionally longed to save them (v. 8).
- He was not lazy, but labored day and night (v. 9).
- He was devout, just and blameless (v. 10).
- He exhorted and comforted like a father (v. 11).
- His goal was to lead them to walk in a new way in the new kingdom (v. 12).
- He prayed for them without ceasing (v. 13).

....to be continued ~Dan Jenkins

Wednesday Night Devotional

	song leader	Devotional		song leader	Devotional
02/04	L. Moore	G. Keever	03/04	D. Mendoza	J. Mendoza
02/11	J. Mendoza	D. Mclaughlin	03/11	J. Mendoza	B. Lafferty
02/18	D. Mendoza	H. Jones	03/18	D. Mendoza	L. Moore
02/25	L. Moore	J. Mendoza	03/25	L. Moore	J. Wilson

